Beazley Logo

Podcast

Beazley Race presents the D&IQ podcast: Healing Forward from Our Pandemic Blues

February 09, 2023

Episode One

Beazley Race presents the D&IQ podcast, an intersectional conversation with mental health professionals Dr. Keisha L. Harris and Dr. Betsy Stone on The Impact of the Pandemic on Mental Health for People of Colour.
The podcast is an intersectional three-part series on how the pandemic has impacted mental health, work life balance, families and parenting.

Healing Forward from Our Pandemic Blues (Episode 1) introduces Dr. Keisha Harris and Dr. Betsy Stone and provides an overview of their respective areas of study/ practice, and their current endeavors. The discussion begins with a focus on the pandemic's effect on mental health, including trends and changes that mental health professionals, and people in general, have been seeing and experiencing. Dr. Stone introduces the concept of "healing forward."

Home

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