Beazley Logo

Podcast

Beazley Race presents the D&IQ podcast: A New-Found Balance between Work and Home

February 09, 2023

Episode Two

Beazley Race presents the D&IQ podcast, an intersectional conversation with mental health professionals Dr. Keisha L. Harris and Dr. Betsy Stone on The Impact of the Pandemic on Mental Health for People of Colour.
The podcast is an intersectional three-part series on how the pandemic has impacted mental health, work life balance, families and parenting.

A New-Found Balance between Work and Home (Episode 2) centers around professional life and careers impacted by the pandemic. The vast number of people in corporate sectors shifted to hybrid working. This conversation touches on the various themes of work-life balance, economic privilege, family time, codeswitching, efficiency at home vs. creativity and collaboration in the office.

Home

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